

4

Important Questions to ask when told “Your thyroid labs are normal.”

Are you one of the millions of people being told daily that your “Labs are Normal” while continuing to experience the following symptoms?

- Fatigue
- Brain fog
- Insomnia
- Weight gain (even with exercise)
- Bloating
- Constipation
- Thinning hair or hair-loss
- Night sweats
- Thinning of Outer $\frac{1}{3}$ of Eyebrows
- Mood swings and Depression
- Trouble concentrating
- Trouble focusing
- Trouble remembering
- Recurrent Headaches
- Menstrual Problems
- Cold hands and feet
- Muscle and joint pain
- Dry skin and scalp

If you or someone you love is suffering from any of the above symptoms and are being told that your lab work is normal, you are not alone! And, you’re not crazy!

It’s a huge frustration to be rushed in and out of your doctor’s office only to be shown the door with a new prescription and...

No answers.

Perhaps the grossest mismanagement of health begins and ends with the blood test. With the information you are about to read, you’ll be empowered to prevent this from ever happening to you again!

It is estimated that some 20 million cases of thyroid dysfunction go undiagnosed each year, inadequate blood tests being the main factor. The bigger problem is that 60 percent of these people are completely unaware of their condition...let alone how to heal it.

Question no. 1

What constitutes 'normal'?

What does "normal" really mean? What exactly is "normal"?

Most doctors use lab ranges that come with the lab reports to treat disease. These are broad ranges based on a bell curve compiled of all the sick people going to that lab for testing. I call these the "Pathological Ranges". So, if you are being told that your labs are normal, what this really means is that even though you are suffering from all kinds of symptoms, you are not quite sick enough to receive any attention or to receive "sick care". You are often just given a prescription for a symptom or told that it's "all in your head".

What Normal really means is that you are not quite sick enough yet to receive "sick care".

That's the other big problem; not only are we being told that our "labs are normal" but the proper lab tests are not being ordered in the first place.

Sound familiar? I share in your frustration!

Just recently, I had to go to the hospital Emergency Room for some chest pains. Three hours and \$6,500.00 later, I was told that my labs were normal. Had it not been for me ordering my own Comprehensive Lab Panel prior to going to the hospital, I would have never found out that my CRP, an inflammatory marker for cardiovascular disease or that my Homocysteine levels were elevated halfway to the moon. Yet my labs were normal...Yeah, right!

Question no. 2

Are the proper labs being ordered?

So, you have had your blood test and you are in the normal range. We've all been there before. I am consistently astonished with the lab work that accompanies our patients on their first consultation.

These panels consist of just TSH, and maybe T3 and T4. That's right. It's like the patient is only a thyroid gland! Considering that the thyroid gland controls and regulates numerous hormonal and metabolic processes in the body, it bewilders me that no other metabolic markers are being checked.

"I am further dumbfounded that the thyroid antibodies, the ones which determine whether you have an auto-immune condition or not, like Hashimotos, are not routinely checked."

It is so important that the proper lab work be ordered from the onset of care. It is estimated that millions of thyroid sufferers could be properly diagnosed if proper testing was commonplace. Unfortunately, the antibodies that show the presence of Hashimotos; thyroid peroxidase (TPO) and thyroglobulin antibody (TgAB) are on the list of thyroid labs that most conventional doctors don't perform.

I have inquired as to why doctors overlook these important diagnostic markers and the responses have been:

"Why bother?"

"The only treatment we have is just thyroid replacement hormones anyway."

Question no. 3

What exactly is a 'Comprehensive Lab Panel'?

The following are the basic Lab Panels we recommend to start:

A Complete Thyroid Panel. To include all the thyroid markers and the thyroid antibodies, Thyroid Peroxidase Antibody (TPOAb), and Thyroglobulin Antibody(TgAB), to rule out Auto-Immune Hashimotos.

A Complete Metabolic Panel. To include inflammatory markers such as Homocysteine, C-Reactive Protein (C-RP), Vitamin D, HbA1C, Ferritin, Fibrinogen, and numerous markers which perhaps may sound unfamiliar.

A Lipid Panel. To include Cholesterol, Triglycerides, HDL and LDL.

A Complete Blood Chemistry with Auto Differential (CBC). To determine the health and quality of your White and Red blood cells and to rule out different anemic factors, sub-clinical infections and parasites.

Our patients are amazed with our Functional Approach to finding the underlying causes of their health problems instead of just treating symptoms. We accomplish this by ordering the proper test right from the beginning. If your doctor is not ordering these panels at the beginning of care, maybe you need to find another doctor?

Question no. 4

What is the 'Functional Medicine Approach'?

"I practice Functional Medicine as a personalized systems-oriented model of care. This empowers patients and practitioners to achieve the highest expression of health by forming the partnership needed in addressing the underlying cause of disease."

Practicing Functional Medicine has enabled me to collaborate with patients and their health and healing where other practitioners have failed.

This may sound foreign to you, but it is truly a partnership between doctor and patient cooperating with one another to achieve optimum health. This is the way it was intended to be, but unfortunately today's medical and healthcare practices have moved away from this model. That is why I am dedicated to teaching everyone the labs that need to be ordered from the onset of care. In doing so, we are able to determine the underlying causes of your condition and help you to achieve optimum health as quickly as possible.

There is so much that you can learn to do for yourself as thyroid patients. With the right tools, strategies and information, you can regain control of your bodies, your health and your lives quickly, usually within the first 30 days of care.

I teach people to understand how their body and thyroid works so that they can make the healthy choices to regain their health and vitality promptly.

I have countless testimonials of patients expressing how well they begin feeling after the first month! When you are feeling healthy and full of energy you are more joyous, loving and present with your family, friends and at work!

If vibrant energy and joyous health is missing in your life, perhaps you have been chasing thyroid symptoms instead of knowingly removing the cause.

My Comprehensive Lab Panels may be the first step needed to determine the underlying cause of your condition.

As a Thyroid Expert, here's what I want you to do now.

Schedule your **FREE 20-Minute Consultation** NOW:

- (1) discuss your thyroid concerns with an expert
- (2) determine if the proper lab work were ordered

This consultation is valid in all 50 states and internationally.
Consultations are offered in both English and Spanish.

[Click For A Free Consultation](#)

Meet Dr. Michael Gorgas, DC

Dr. Gorgas is passionate in empowering you to fall in love with your health. He is recognized internationally for his Thyroid Restoration Program. His unique approach which combines neurological and metabolic restoration has helped thousands of patients regain and maintain their health.

Dr. Gorgas' 36 years as a health and wellness expert along with his special interest in High Performance, Nutrition, and Psychological sciences provide him with a unique advantage of helping you succeed in ways that no one else can.

